

House League Rules : H.E.A.D.S.

Under 12 Girls

FIFA Laws of the game apply but some of the laws have been modified for the age level of children. Coaches should familiarize themselves with the Ontario Soccer Association (OSA) rules for mini-games as HEADS strives to move towards compliance.

Referees – The club will appoint referees for this age level, coaches shall assist the referee and ask a parent or siblings of the team to be lines people to indicate if the ball is out of play only. The emphasis at this age level shall be fun, fair play, safety, and the teaching of the basics of soccer. Any infractions of the laws (fouls, handball etc) will be called unless there is advantage to the non-offending team. The referee's decisions shall be adhered to and are final. In the absence of a referee the coaches can referee a fun game.

Playing time – The game shall consist of two equal halves each lasting 35 minutes with a break at half time of five (5) minutes. A water break may be taken in the heat of summer for the safety of the players; this break is purely for refreshment and not for additional coaching. This break shall be agreed upon prior to the game commencing.

Number of players – Each team are allowed 11 players to be on the field of play at any time, each team shall have one player as a goal keeper. If insufficient players are present, a team may play with one (1) more players than the other team. A minimum of seven (7) players are required on each team for a game to be completed.

Call-ups – Should a coach know ahead of time that their team will not have a sufficient number of players for a particular game; call-ups will be permitted from the HEADS house league age group immediately below their own.

Ball size – Size 5. The home team shall provide the referee with a suitable ball for the game.

Players equipment – Players shall not wear anything which endangers themselves or other players. Basic compulsory equipment shall consist of shorts, socks, shin guards, footwear, and a numbered shirt. Jewelry (necklace, earrings, wristwatches, etc) are not to be worn. Goalkeepers must wear colours that are distinguishable from all outfield players and the referee. A player who is asked to leave the field of play because of defective or dangerous equipment may not re-enter the field of play until the referee is satisfied that the equipment is permissible.

Coaches – With the exception of injuries, coaches are not allowed onto the field. All coaching is to be of a positive and respectful manner of all and serve as an example of behaviour to the players and fans. The coaches shall remain in the technical area which is 10 meters long and 3 meters from the centre line. (Players who are substitutes should also be within this area).

Game sheets – Game sheets are not required for this age group. **However, the Coach of the home team shall notify the convener of the game results by email or phone in order to track the league standings and in preparation for the Gala Day games.**

League standings will be based on the following system: three (3) points shall be awarded for a win and one (1) point for a tie.

Rain-out games – If a game is called by the referee due to weather, it is the joint responsibility of the teams affected to re-schedule the game for another time. If the game is not re-scheduled, the game will be recorded as a tie game.

Tie Breaking Criteria – If two or more teams are tied on points in the standings at the end of house league season, the following criteria shall be used in order to determine the team(s) to be awarded the higher position:

- (ii) Most wins
- (iii) Goal difference (goals scored less conceded not to exceed five (5) in any single game)
- (iv) Most goals scored (not to exceed five (5) in any single game)
- (v) Coin toss

Substitutions – Substitutions can be made only on your own dead ball re-start—your throw-in, goal kick and only after the referee has been notified and approved. The opposing team may piggyback their substitutions at this time. Substitutions shall occur at the center line of the field. The referee must be informed of any goalkeeper change.

Ball in or out of play – As per the normal FIFA laws of the game.

Injured players – Players injured during the course of play shall be attended to by the coach. Any player who is bleeding shall be removed from the field of play and can only return when the bleeding has completely stopped.

Offsides – Offsides shall be called at this age.

Slide tackles – Are not permitted

Discipline – Any unsporting behavior shall result in the opposing team being given the ball and the game restarted at the point of occurrence, the opposing team shall move away from the ball a distance of 9.15 meters. Red and yellow cards can be issued by the referee.

Alternate players – For insurance reasons, only registered players are allowed to play, no guests. Players can be called up from a younger age group if necessary.

Spectators – Spectators are only allowed on the sidelines and not behind the goal lines. A minimum distance of three (3) meters should be between the spectators and the sideline.

Game end – Players and coaches should exchange sporting handshakes between both teams after each game at the centre of the field. Coaches should shake hands with the referee.

Smoking – There is to be NO smoking near the sidelines or on the bench.

Clean-up - Coaches are responsible to keep the sidelines clean and should encourage the players to place all garbage into the appropriate containers, (failure of the players leaves the coaches to complete the clean up).

Referees - If the referee is absent, please call 519-833-0741 after the game to advise the referee scheduler to ensure they do not get paid. Please have a coach or parent fill in.

H.E.A.D.S. reserves the right to change any house league rule or modify the Law of the game.